## 100 000 ZIKR of Istighfaar

Rasulullah said,

# "Glad tidings for the one who finds much Istighfaar in his book of deeds." (Ibnu Maajah)

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#### VIRTUES OF ISTIGHFAAR

Hadhrat Abdullah bin Abbaas says that Rasulullah said, "Whoever holds firm to Istighfaar, Allah will make a way out for him from every problem, an escape from every difficulty and will grant him sustenance from avenues he never thought of." (Abu Dawood, Ibnu Majah)

In another Hadith, Rasulullah said that, "Every man is a sinner, but the best among the sinners are those who repent and ask for forgiveness."

In one Hadith it is mentioned that, "When a man commits a sin, a black spot forms on his heart, but when he makes istighfaar, it is washed away, if not, the black spot remains."

### IMPORTANCE OF RECITING ISTIGHFAAR

HADHRAT ABDULLAH BIN UMAR SAYS,

"WE WOULD COUNT RASULULLAH RECITING
THIS ISTIGHFAAR 100 TIMES IN ONE GATHERING.

رَبِّ اغْفِرْ لِيْ وَتُبْ عَلَيَّ النَّوَّابُ الْغَفُوْ دُ

"O ALLAH, FORGIVE ME AND PARDON ME, INDEED YOU ARE THE ONE WHO PARDONS AND FORGIVES""

(ABU DAWOOD, NASAI, TIRMIZI)

#### **SAYYIDUL ISTIGHFAAR**

Rasulullah said: "Whoever recites Sayyidul Istighfaar in the evening and passes away during the night, will enter Jannah; and whoever recites it in the morning and passes away on that day will enter Jannah." (Bukhaari)

اَللَّهُمَّ اَنْتَ رَبِّ لَا اِلْهَ اِللَّ اَنْتَ خَلَقْتَنِي وَانَاعَلْمُ عَهْدِكَ وَعُدِكَ وَانَاعَلْمُ عَهْدِكَ وَوَعْدِكَ مَا اَسْتَطَعْتُ اَعُوٰذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ مَا اَسْتَطَعْتُ اَعُوٰذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ اَعُوٰذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ اَبُوْ عُوٰذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ اَبُوْ غُوٰدُ اللَّهُ وَالْبُوْ عُلِي وَابُوْ عُدِنَ اللَّهُ وَا بُوْ عُ بِذِعْ مَتِكَ عَلَيْ وَابُوْ عُورُ الدُّنُوْبِ اللَّا اَنْتُ وَالْمُؤْمُ لِلْ الْالْدُنُوْبِ اللَّا اَنْتُ وَالْمُؤْمُ اللَّا الْدُنُوبِ اللَّا اَنْتُ وَالْمُؤْمُ اللَّا الْدُنُوبِ اللَّا الْتُسْتِ

It comes in a hadith that whoever recites the following 3 or 5 times he will be forgiven even though he may fled from the battlefield. In another narration; even though his sins are equal to the foam of the sea.

### اَسْتَغْفِرُ اللهَ الَّذِي لاَ إِلهَ إِلاَّ هُوَ الْحَيُّ الْقَيُّومُ وَا تُوبُ إِلَيْهِ-

I seek forgiveness from Allah, besides whom none is worthy of worship.

The Everlasting, The Sustainer and I turn to Him for repentance.

Recite Excessively	Recite 1 or 3 times							
اَسْتَغْفِرُاللّٰهَ I seek forgiveness from Allah اَللَّهُمَّ اغْفِرُ لِيْ	اَسْتَغْفِرُاللّٰهَ وَاَ تُوْبُ اِلَيْهِ I seek forgiveness from Allah and	اَللَّهُمَّ اغْفِرْ لِيْ وَتُبْ عَلَيَّ O Allah! Forgive me and						
اللهمُّ اعْفِرُ لِيُّ O Allah! Forgive me	I turn to Him for repentance	accept my repentance						